"Once a year, I'm open to inspection."

I know it's important to get annual check-ups and get screened for chronic diseases like hypertension. After all, an ounce of prevention is worth a pound of cure, and I'd prefer the prevention any day. So do like I do. Call your doctor and schedule a routine checkup and health screening. You'll be glad you did.

Live Like Your Life Depends On It.

Live Well
MESSAGE ALLIANCE

For more information visit: www.dhss.mo.gov