



Show Me Healthy Women

A free breast and cervical cancer screening program



What is Show Me Healthy Women?

Show Me Healthy Women (SMHW) began in 1992, and is Missouri's implementation of the National Breast and Cervical Cancer Early Detection Program (NBCCEDP).¹ It provides free breast and cervical cancer screenings throughout Missouri, for women meeting certain age, income and insurance guidelines.² SMHW is funded by the Centers for Disease Control and Prevention (CDC) and several national, regional and local partner organizations.

Who qualifies for Show Me Healthy Women?

Figure 1 (page 2) shows the estimated number of Missouri women eligible for, and number screened by SMHW.^{2,3}

To be eligible for SMHW services, women must meet all of the following guidelines:

- Income at or below 200 percent of the federal poverty level for household income, *and*
- Age 35 to 64, or older if they do not receive Medicare Part B, *and*
- No insurance to cover program services

All women who meet the above criteria are eligible for services regardless of provider location.

Where are services available?

- Providers in 85 counties plus the City of St. Louis offer services for Show Me Healthy Women.²
- There are 182 provider locations throughout the state, including local public health agencies, federally qualified health centers, hospitals, private physician offices, and not-for-profit health centers.

A full listing of providers is available on the SMHW website: <http://www.health.mo.gov/showmehealthywomen>.

What services are offered?

Figure 2 (page 2) shows the number of screening and diagnostic services provided by SMHW, from 2013 through 2015.²

Screening services

- Clinical breast exams (CBE)
- Screening mammograms for women age 50-64 (target population)
- Screening mammograms for women 40-49 using alternate funds, if available
- Pap tests
- Pelvic exams

Diagnostic services

- Specialist consultation (breast and cervical)
- Diagnostic mammograms
- Ultrasound
- Breast biopsies
- Fine needle aspiration
- Conization [Cold Knife, laser, Loop Electrosurgical Excision Procedure (LEEP)]
- Colposcopy (with or without biopsy)

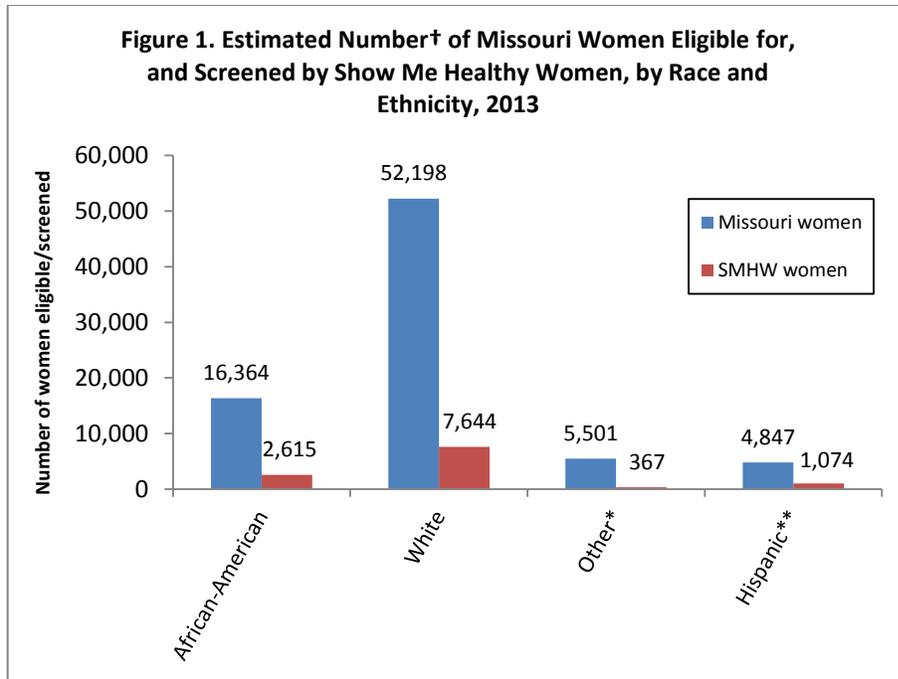
Who benefits from Show Me Healthy Women?

- The Missouri Department of Health and Senior Services projects that there are, based on age and income, 101,070 Missouri women eligible for Show Me Healthy Women services. SMHW typically serves approximately 8.5 percent of the eligible population as a result of funding levels.⁴
- Statewide, SMHW provides services for about 9,000 to 10,000 women each year.²
- About 200 breast cancers and 70 to 90 cervical cancers are identified and referred for treatment each year.²



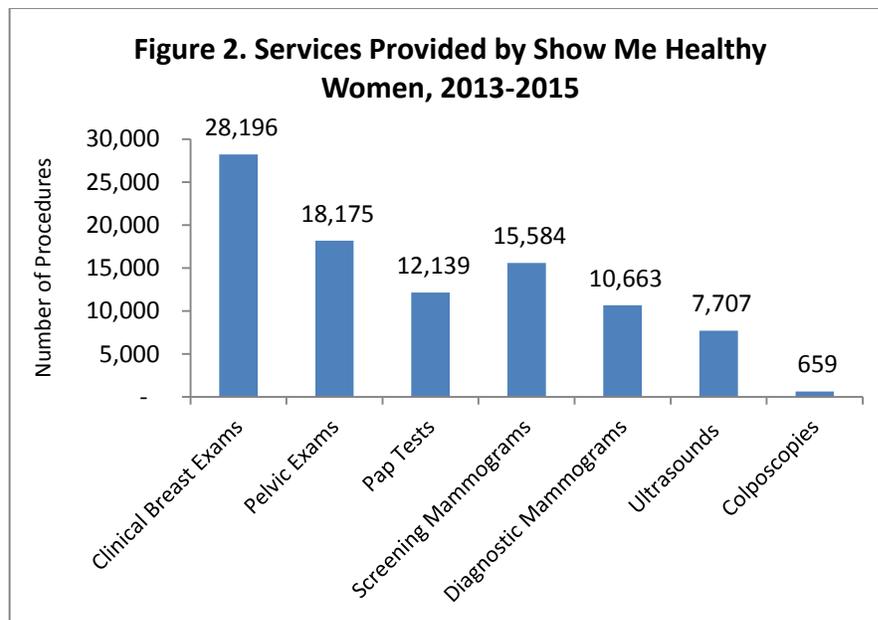
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Source: Missouri Department of Health and Senior Services. Show Me Healthy Women Program. www.health.mo.gov/showmehealthywomen. Retrieved January 5, 2015.

- † Current Population Survey Estimates are based on annual American Community Survey sampling for 2015, by the U.S. Census Bureau
- * "Other" includes clients who reported: American Indian/Alaska Native, Native Hawaiian/Pacific Islander, Asian, and Two or more races.
- ** Hispanic ethnicity is asked as a separate question from race and may include any or all combinations reported for race.



¹ U.S. Centers for Disease Control and Prevention. *National Breast and Cervical Cancer Early Detection Program*. <http://www.cdc.gov/cancer/nbccedp/>. Retrieved May 23, 2012.

² Missouri Department of Health and Senior Services. *Show Me Healthy Women Program*. www.health.mo.gov/showmehealthywomen. Retrieved January 5, 2015

³ U.S. Census Bureau. *Current Population Survey, CPS 2014 Annual Social and Economic Supplement (ASEC)*. <http://www.census.gov/cps/data/cpstablecreator.html>. Retrieved January 6, 2015.

⁴ U.S. Census Bureau Small Area Health Insurance Estimates (SAHIE). <https://www.census.gov/did/www/sahie/index.html>. Accessed 10/20/2016.