

Missouri Department of Health and Senior Services
**The Commodity Supplemental Food Program
for Seniors**



If you are age 60 and older and have limited income, then the Commodity Supplemental Food Program (CSFP) is for you. The CSFP provides nutritious food packages to eligible seniors each month.

How do Seniors qualify?

If you are age 60 or older and have a limited income you are eligible to participate in CSFP.

What does the CSFP provide?

A food package worth about \$50.00, consisting of canned fruits, vegetables, meat, cheese, cereals and grain products and milk products, is provided each month.

What will I need to get signed up?

Proof of residence (an I.D. with current address), and a driver's license or a birth certificate.

Where do I go?

Call 1-800-733-6251 for a site near you or visit <http://www.health.mo.gov/living/wellness/nutrition/foodprograms/csfp>.

**The Commodity Supplemental Food Program
Your "key" to good health.**

4/11 This Institution is an Equal Opportunity Provider

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